

How Leva Works



The **Leva Device** mirrors pelvic floor movement with vaginal motion sensors.

The **Leva App** provides precise, real-time feedback for pelvic floor muscle training and tracks progress.

The **Leva Women's Center** offers personalized coaching and support.

 **At-home pelvic floor therapy**

 **2.5 minutes, 2x/day, 12-week program**

 **Non-medication, non-surgical**

 **Insurance benefits verification**

 **Convenient**

 **Discreet**

“ I wish I'd tried **Leva** sooner. ”

Leva User, Age 47

**Take control of your bladder leakage.
Your future self will thank you.**

Ask your healthcare provider for a prescription for **Leva** today.

For more information or to talk to a member of our team, visit **Levatherapy.com** or call **1-855-FOR-LEVA**.

Important Safety Information for **Leva Pelvic Health System**:

The **Leva Pelvic Health System** is intended for: (1) strengthening of pelvic floor muscles, (2) rehabilitation and training of weak pelvic floor muscles for the treatment of stress, mixed, and mild to moderate urgency urinary incontinence (including overactive bladder) in women and (3) rehabilitation and training of weak pelvic floor muscles for the first-line treatment of chronic fecal incontinence (>3-month uncontrolled passage of feces) in women. Treatment with the **Leva System** is by prescription and is not for everyone. Please talk to your prescriber to see if the **Leva System** is right for you. Your prescriber should discuss all potential benefits and risks with you. Do not use **Leva System** while pregnant, or if you think you may be pregnant, unless authorized by your doctor. For a complete summary of the risks and instructions for the **Leva System**, see its Instructions for Use available at www.Levatherapy.com.

Disclaimer regarding patient testimonials: Testimonials are collected or recorded via surveys, emails and interviews and reflect real-life experiences from real patients. However, each individual's results will vary and included testimonials are not intended to represent or guarantee that any one patient will achieve the same or similar results. Please also note that some patients may be paid for their testimonials.

Sources: 1. Patel UJ, Godecker AL, Giles DL, Brown HW. Updated Prevalence of Urinary Incontinence in Women: 2015-2018 National Population-Based Survey Data. *Female Pelvic Med Reconstr Surg.* 2022;28(4):181-187. doi:10.1097/SPV.0000000000001127. 2. Favre-Inhofer A, Dewaele P, Millet P, Deflieux X. Systematic review of guidelines for urinary incontinence in women. *J Gynecol Obstet Hum Reprod.* 2020;49(8):101842. doi:10.1016/j.jogoh.2020.101842. 3. Weinstein MM, Dunivan G, Guaderrama NM, Richter HE. Digital Therapeutic Device for Urinary Incontinence: A Randomized Controlled Trial. *Obstet Gynecol.* 2022;139(4):606-615. doi:10.1097/AOG.0000000000004725. 4. Weinstein MM, Dunivan GC, Guaderrama NM, Richter HE. A Motion-based Device Urinary Incontinence Treatment: A Longitudinal Analysis at 18 and 24 Months. *Int Urogynecol J.* 2024;35(4):803-810. doi:10.1007/s00192-023-05721-z. 5. Keyser LE, McKinney JL, Pulliam SJ, Weinstein MM. A digital health program for treatment of urinary incontinence: retrospective review of real-world user data [published correction appears in *Int Urogynecol J.* 2023 Aug;34(8):1993. doi: 10.1007/s00192-023-05596-0]. *Int Urogynecol J.* 2023; 34(5):1083-1089. doi:10.1007/s00192-022-05321-3

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At-Home Therapy for Bladder Leakage



Leak less, laugh more.

A non-invasive treatment for stress, mixed, and urgency urinary incontinence (including overactive bladder) as well as chronic fecal incontinence.

Leva® PELVIC HEALTH SYSTEM

www.Levacares.com | 1-855-FOR-LEVA

Peezing (verb)

Accidentally peeing a little when you sneeze.

You're not alone. Over 60% of women in the U.S. experience unexpected bladder leakage (UI).¹ It's a common medical condition that has become normalized.

Meet Leva®

The Leva® Pelvic Health System is a convenient, at-home treatment to strengthen your pelvic floor and reduce bladder leaks!



“

Leva was great, I had tried Kegels, pads and some PT. **Leva was much more productive than anything I've done.** I believe it helped me figure out I'd been doing Kegels wrong all along. My coach was great, not overbearing and very helpful. **Leva exceeded my goals. At 56 I thought I was going to be left wearing pads the rest of my life. Leva changed that for me.** I'm able to go on a trip and not rush to the restroom while on the road. Hopefully (my provider) will share this tool with other patients. **It works, if a woman has an issue as I did, she needs the opportunity to try it.**”

Leva User, Age 56

78M women in the U.S. with UI¹

Treatment Options²

LEAST
invasive

MOST
invasive

1ST LINE THERAPY:

Pelvic Floor Muscle Training including Leva Therapy

ADVANCED THERAPY:

Medication & Injections

ADVANCED THERAPY

Procedures & Surgery

Benefits of Leva Therapy

- ✓ No time lost traveling to and from appointments
- ✓ No side effects due to medications
- ✓ No post-surgical downtime

Data-Driven, Proven Results

In a large clinical trial, Leva users reported:

- Symptom improvement as early as 4 weeks³
- 80% reduction in bladder leakage at 8 weeks³

In a follow up to the clinical trial, Leva users saw:

- Lasting results for 2 years⁴

A study of real-world Leva users found⁵:

- Leva is effective for stress, mixed, and urgency urinary incontinence (including overactive bladder)
- 72% device-reported adherence



Leva **REQUIRES A PRESCRIPTION.**
Ask your healthcare provider today!



Next Steps

1 Get a prescription

Leva requires a prescription. Ask your provider to send a prescription today.

2 Schedule your chat

You will receive a text message (from a 617 area code) with a link to schedule, or call **1-855-FOR-LEVA** (367-5382) to get started immediately.

3 Get a benefits check

We'll verify **your insurance coverage** to determine out of pocket costs and offer affordable payment options, including HSA/FSA eligibility, monthly payments plans and a potential money-back guarantee if eligible.

Leva® PELVIC HEALTH SYSTEM

Laugh more, leak less.